

## I am living the best version of myself



## I am the architect of my life



l am comfortable with change and growth



My ability to conquer my challenges is limitless





I choose to feel good about myself



I deserve all that is good We will

My needs are valid yls!

l give myself permission to be happy 20000

Well-being is a top priority for me

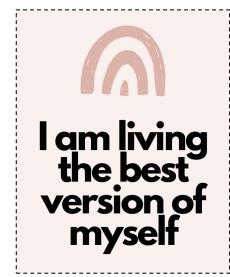
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l'm trading my worry for faith



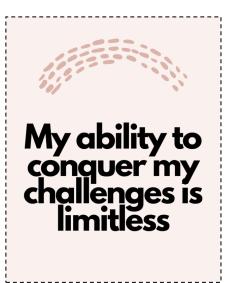
Happiness begins with me!

## Smaller Travel-Sized Set At 2.2" X 2.7"









I choose to believe in myself





l give myself permission to be happy Heller

Well-being is a top priority for me





