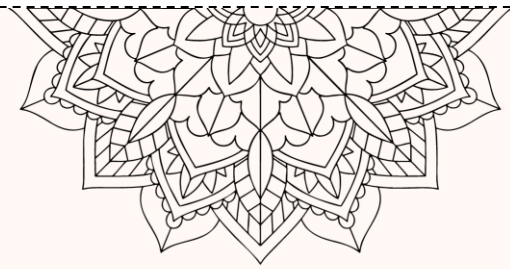
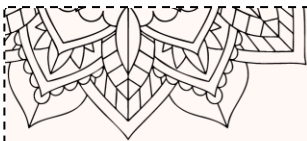


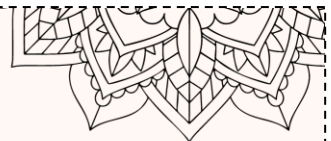
**I TRUST
MY BODY
TO KNOW
WHAT TO
DO**



**I BREATHE
DEEPLY
AND
I AM
CALM**



**MY BABY
TRUSTS ME
AND I
TRUST
THIS
PROCESS**



**I AM
FIERCE
BUT
FLEXIBLE**






**I AM
STRONG
AND
CAPABLE**



**BIRTH IS
POWERFUL
I WILL LET
IT
EMPOWER
ME**



**WITH
EACH DEEP
BREATH,
I FEEL
BETTER
AND
BETTER**



**I FEEL
CONFIDENT**

**I FEEL
SECURE**



Smaller Travel-Sized Set At 2.2" X 2.7"

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