



I RELEASE ALL STRUGGLE NOW, AND I AM AT PEACE.





I LEARN TO FORGIVE AND RELEASE.



THIS IS A
NEW
MOMENT.
I AM
FREE
TO LET GO.



I MOVE BEYOND OLD LIMITATIONS.



I AM
BECOMING
ALL THAT
I AM
DESTINED
TO BE.

Smaller Travel-Sized Set At 2.2" X 2.7"

NOW
IS THE ONLY
MOMENT
I CAN
EXPERIENCE

I AM WILLING TO RELEASE ALL RESISTANCE. I RELEASE ALL STRUGGLE NOW, AND I AM AT PEACE. I ALLOW MY HEART TO HEAL

I LEARN TO FORGIVE AND RELEASE.

THIS IS A
NEW
MOMENT.
I AM
FREE
TO LET GO.

I MOVE BEYOND OLD LIMITATIONS. I AM BECOMING ALL THAT I AM DESTINED TO BE.