



I am
**worthy
of my
own love.**



I am
**whole
and
complete.**



I love
**myself
exactly as
I am.**



I am
**good
enough
just as
I am.**



I am

**the most
important
person in
my life.**



I am

**gentle,
kind, and
patient with
myself.**



I am

**now willing
to see my
own
specialness.**



I am

**loved and
accepted
exactly as I
am.**

Smaller Travel-Sized Set At 2.2" X 2.7"



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