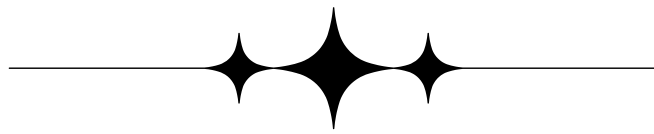


Grief  
5-Minute  
Journal





















I'm sorry that...

Handwriting practice lines consisting of 18 horizontal lines.





I'm relieved that...

Lined writing area consisting of 20 horizontal lines.



It's hard to...

Lined writing area with 21 horizontal lines.

















I wasn't supposed to...

Lined writing area with 21 horizontal lines.





I wish you hadn't...

Lined writing area consisting of 20 horizontal lines.























What I need most right now is...

Lined writing area with 20 horizontal lines.

